Hight Sky Song Grove

"With the wild nature as ally and teacher we see not through two eyes but through the many eyes of intuition. With intuition we are like the starry night, we gaze at the world through a thousand eyes..."

Dr. Clarisa Pinkola Estes



Unknown Blessings by Ben Bochner

We give thanks for unknown blessings
Already on the way
We give thanks for unknown blessings
Already on the way.

O, the stars above us twinkle
Yeah, they put on quite a show
They say the light that meets our eyes today
Was born a million years ago
And it spells out quite a story
In strands of DNA
The same spark that birthed the universe
Is born in us today

And they're already on their way, already on their way
Give thanks for unknown blessings
Already on their way

Listen: https://songsforthegreatturning.net/songs-of-gratitude/unknown-blessings https://www.reverbnation.com/benbochner/songs

Songcatcher's Bio: https://www.sonicbids.com/band/benbochner/

Activity idea: Create movements with the children to go with each section of the lyrics.



Oh how I've loved you all along
I loved you even before the dawn
And with every day that comes rolling by
I love you more like an endless sky

Chorus:

And every star that comes out at night
Is really a sun with its own firelight
And all the suns, and all the moons
Are shadows compared to my love for you
(hum verse melody, then repeat chorus)

So come with me my baby sweet
I'll kiss your nose and I'll kiss your feet
I'll hold you close and sing you a song
And carry you until the dawn

Listen: https://amandawest.bandcamp.com/track/endless-sky https://open.spotify.com/track/7E7tbOxe4YqNhiicnvooZO

Bio/More Songs/Support the Songcatcher: https://amandawest.com/

Activity idea: Children could sing this song to nature beings they can touch or hold while singing: plants, trees, moss, insects, etc., or dolls made from natural materials.

Birthday Peacestong

Origins unknown
Sung to the familiar "Happy Birthday To You" tune

As we celebrate your birth And your place on the Earth May the Sun, Moon, and Stars Bring you peace where you are.

Dark of the Moon

by Becky Reardon

The dark of the moon is the time to begin

To plant the seed and let it sink in

Dream the dark night, the black earth, the deep bed

Wait without light, wait without hope
In the dark of the moon surrender, surrender

(below lyrics are sung over "surrender" drone)
Something you don't know now
Will break open in you
Will break open in you
Will break open
Will break open
Break open (repeat to fade out)

Roots: Drawn to New Mexico in the early 90's, Becky entered an initiatory time of camping and hiking in desert canyons and the high mountains. She responded to the beautiful world around her by improvising songs to the moon and stars, and to the rocks and canyon walls, She found herself harmonizing with the calls of birds and the riffles of wild streams, and scatting counter-rhythms to the pulse of her feet on the trail. Out of these joyful experiences she fashioned songs and rounds for community gatherings celebrating the solstices and other ancient holy days, and for theater groups and women's circles creating ceremonies of passage to the underworld, rebirth, transformation and affirmation.

Listen: https://www.youtube.com/watch?v=UuaA7R CVNE

Bio/More Songs/Support the Songcatcher: https://beckyreardonmusic.com/

Where is the Moon?

Origins unknown

Where is the Moon when the moon is New?
Sliver on the right growing bigger every night

Where is the Moon when the moon is Round? Rising as the Sun is going down.

Where is the Moon when the Moon is Waning? Sliver on the left till there's no Moon remaining

Listen: https://soundcloud.com/songforest2/11-where-is-the-moon

Activity idea: Create a circle out of natural materials (leaves, petals, etc.) showing the lunar cycle from Dark Moon waxing through New Moon, Waxing Crescent, First Quarter, Waxing Gibbous, Full Moon, Waning Gibbous, Third Quarter, Waning Crescent, back to New. Walk around the circle while singing the song.

Full Moon Rising

By Terry Garthwaite

Full moon rising, circle 'round

Shine your light when the sun goes down

Give a little happiness, give a little shout (woo!)

Give a little lovin' till the sun comes out

All night long (whisper: "in the middle of the night")
Sing your song (whisper: "til the sun shines bright")
All night long (whisper: "in the middle of the night")
Sing your song (whisper: "it's gonna be alright")

New moon shining, seed of light
Dance with the shadows in the blue twilight
Listen to the harmony, listen to the sound
Listen to the rhythm of the world all around.

Roots: From the album *Natural Rhythms*. "When I was asked to participate in the opening celebration of the Full Moon Healing Arts Center, the image danced itself into song. But I envision a scene on the beach at night, dancing around a campfire, with our voices wafting into the ether. Our voices and the moon, sisters in songs."

Listen: https://www.allmusic.com/album/natural-rhythms-mw0001666154

Bio/More Songs/Support the Songcatcher: https://terrygarthwaite.com/

Full Moon Chant

By Heather Houston

In the light of the Full Moon, I am loved
Offering my praises to rise above,
The thoughts and the fears that hold me down
From thriving on this Earth
As she spins around.

In the light of the Full Moon, I am peace,
Offering my heart to be released,
From the things that no longer serve my soul
Knowing now that I am whole.

Roots: Heather says, "This chant flowed through me one magical full moon night while having a soak in my outdoor bathtub. Luxurious!"

Listen: https://heatherhoustonmusic.com/song/full-moon-chant-by-heather-houston/

Bio/More Songs/Support the Songcatcher: https://heatherhoustonmusic.com

Wild One

Tune & First Verse by Sage Marie (Kathleen Stanzler)
Second verse by Sage Marie, Miriam Grace, & Jen Myzel; Third verse by Benjamin Pixie

Let the sun shine down and warm my bones

Let the birds and the bees come and take my clothes

(alternate kids' version: "kiss my nose")

I'm a wild one now made of wind and rain

I'm wild and I'm not going back again (repeat)

Let the moon shine down and cleanse my soul
Let the wolves and the owls come and tend my coals
I'm a wild one now made of stars and dreams
I'm wild and I'm part of everything (repeat)

Let the stars shine down and fill my heart
Let the beaver and the bear teach me of their art
I'm a wild one now full of fat and fish
The tending of the wild's my greatest wish (repeat)

Roots: note this song has sometimes been attributed to a different songcatcher, but we have <u>confirmed</u> the tune and original verse were by Sage Marie c. 2012.

Listen: https://soundcloud.com/songforest/let-the-sun-shine-down https://soundcloud.com/songforest/let-the-sun-shine-down-2-new-verses

Activity idea: This is a "zipper song" that is fun to invite anyone to create a new verse, individually or as a group.

Handalf's Blessing

By Josh Blaine

Part I (Hobbit)

May the wind, may the wind, may the wind, under your wings bear you where, bear you wear, the sun sails, and the moon walks

Part 2 (LotR) Not all who wander are lost

Roots & Activity Idea: A simple two layer song based on text from J.R.R. Tolkien's *The Hobbit* and *The Lord of the Rings*. Josh says, "This song came through at the outset of a journey of my own, so it's meant to be a traveler's blessing of sorts. The words are Gandalf's from "The Hobbit." He says to the eagles after they've rescued the dwarves and Bilbo from the burning tree tops (wolves and goblins below!), "May the wind under your wings bear you where the sun sails and the moon walks."

The third line comes from *The Lord of the Rings* poem, "All That Is Gold Does Not Glitter":

All that is gold does not glitter

Not all those who wander are lost;

The old that is strong does not wither,

Deep roots are not reached by the frost.

From the ashes, a fire shall be woken,

A light from the shadows shall spring;

Renewed shall be blade that was broken,

The crownless again shall be king.

I invite those who wish to carry and teach this song to tell a bit of the story of Gandalf, Bilbo and the dwarves in your introduction – let's hear those Gandalf impressions"

Listen: https://soundcloud.com/findingourvoice/gandalfs-blessing-live



By Tim Weed

Coyote (echo), Are you the trickster they say,
Stealing the night from the day?
Coyote (echo), are you the wandering sage
Willing to show us the way?
You're the sound of the wild
You're the voice of the free
You're the song in the night that calls out to me —
Forget our travails as we follow your trails
Shout out Coyote wails
Coyote (4x)

Coyote (echo), the moon shines in your eyes
The land is your soul and your heart is the sky
Coyote (echo), they're giving you a bad name,
But I love you just the same

You're the sound of the wild
You're the voice of the free
You're the song in the night that calls out to me —
Forget our travails as we follow your trails
Shout out Coyote wails
Coyote (4x) and HOWL

Listen: at minute 7 in the documentary https://www.youtube.com/watch?v=bBzZ_SxiJk8https://www.youtube.com/watch?v=k6Jtv_sUWWchttps://www.youtube.com/watch?v=k6Jtv_sUWWc

Activity Idea: Great for dancing!

Bio/More Music/Support the Songcatcher: https://www.timweed.com/

Huide Our Way On

by Murray Kyle of Uki, Australia

When the light of the setting sun it has gone
Then the light of the stars will guide our way on (repeat 2 lines)
Guide our way on, Guide our way on
The light of the stars will guide our way on
(repeat 2 lines)

En español:

Cuando la luz del sol poniente se va La luz de las estrellas nos guiera (x2)

Nos guiará, nos guiará La luz de las estrellas nos guiará (x2)

Listen: https://murraykyle.bandcamp.com/track/guide-our-way-on

Activity idea: This upbeat yet profound song does well for closing the circle at the end of an activity or day, offering closure of what has been and anticipation of new possibilities.

Bio/More Music/Support the Songcatcher: http://www.murraykyle.com/

How sweet the sound

by Doug Van Koss

How sweet the sound was in the night
The melodies flowed like water
The people sang the moon's delight
And then they sang of honey

Listen: https://archive.org/details/heyanakel/How+Sweet+the+Sound+(main).m4a https://heatherhoustonmusic.com/song/how-sweet-the-sound-by-doug-vonkoss/

Activity idea: These lyrics were modified from the original to include the gender spectrum. The song can be sung as a round/canon up to 4 parts, with harmonies, fading out as participants prepare to leave for the night.

Bio/More Music/Support the Songcatcher: https://www.dougvonkoss.com/bio.htm